

# Συναντήσεις Αφηγήσεις Προκλήσεις

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**Marilyn Fitzpatrick, PhD.** is a Professor Emerita at McGill University, Montreal where she directed the Counselling Psychology Program. She has conducted research, written, and spoken internationally about values and how they can be strengthened to support mental health. She is currently the Clinical Director of Medipsy Psychological Services where she offers clinical services, training, and supervision in how to do values work in psychotherapy. She is also the founder of the Hero Next Door, an initiative available on Instagram, and as a podcast on Spotify and YouTube. Hero Next Door offers inspiration and expertise to help listeners understand and strengthen caring values.